

2011 ZHS Cross Country Schedule



Sept 10	Apple Springs	JVgirls/boys, Varsity girls/boys
Sept 17	SFA	JVgirls/boys,Varsity girls/boys
Sept 24	Huntington	JVgirls/boys,Varsity girls/boys
Oct 1	Zavalla	JHgirls/boys,JVgirls/boys,Varsity girls/boys
Oct 8	Hudson	JHgirls/boys,JV boys,Varsity boys
Oct 15	Lufkin	JHgirls/boys,JVgirls/boys,Varsity girls/boys
Oct 19	Crockett	Varsity Boys
Oct 26	District (Zavalla)	JHgirls/boys,JVgirls/boys,Varsity girls/boys
Nov 5	Regionals (San Antonio)	Varsity girls/boys
Nov 12	State (Round Rock)	Varsity girls/boys

ZAVALLA INVITATIONAL CROSS COUNTRY MEET

October 1, 2011

8:00 AM REGISTRATION-COURSE INSPECTION

9:00 AM Varsity Girls - 3200M

9:20 AM Varsity Boys - 3 miles

9:50 AM JV Girls - 3200M

10:10 AM JV Boys - 3 miles

10:40 AM JH Girls - 2400M

11:00 AM JH Boys - 2400M

ENTRY FEE: \$75 PER TEAM OR \$150 PER SCHOOL
(INCLUDES JH, JV, VAR)

\$10 PER INDIVIDUAL; 5-7 RUNNERS CONSTITUTES A
TEAM

AWARDS: MEDALS AWARDED TO
TOP 15 INDIVIDUAL JH GIRLS AND BOYS
TOP 15 INDIVIDUAL JV GIRLS AND BOYS
TOP 15 INDIVIDUAL VARSITY GIRLS AND BOYS

TEAM PLAQUES FOR TEAM CHAMPION IN EACH DIVISION

ZAVALLA INVITATIONAL ENTRY BLANK

October 1, 2011

School Name _____

Coach _____ coach cell # _____

Coach email address _____

Check divisions that your school will enter

_____ Varsity Girls

_____ Varsity Boys

_____ JV Girls

_____ JV Boys

_____ JH Girls

_____ JH Boys

Entries due by Thursday, Sept. 29, 2011

You may also contact us and enter by email

fwest@zavalla.esc7.net or roliver@zavalla.esc7.net

Call either of us if you have questions:

Jan West, Girls Cross Country cell 936-676-2324

Ricky Oliver, Boys Cross Country cell 936-676-3696