

Structured Physical Activity

In accordance with state law, we have the following policies in place to ensure that all students in elementary school, middle school, and junior high school engage in structured physical activity for at least 30 minutes each day or 135 minutes each school week.

Zavalla Independent School District Student Handbook, pg. 29

Student Health Concerns

We have adopted and do enforce policies to ensure that our campuses comply with Texas Department of Agriculture guidelines for restricting student access to vending machines.

As required by state law, we have and enforce prohibitions against student possession and use of tobacco and tobacco products on campuses or school-sponsored or –related activities. These prohibitions are addressed in the Student Code of Conduct and also in board policy and the employee handbook.

We will develop an individualized health plan for children with diabetes who need care for diabetes while in school or participating in a school activity. This plan will be developed in collaboration with you and, if possible, your child's physician. If your child has diabetes and will need care at school or while participating in a school activity, you must submit the diabetes management and treatment plan prepared by you and your child's physician before or at the beginning of the school year, on enrollment after the beginning of the school year, or as soon as practicable following a diagnosis of diabetes.

Zavalla Independent School District Student Handbook, pg. 43